



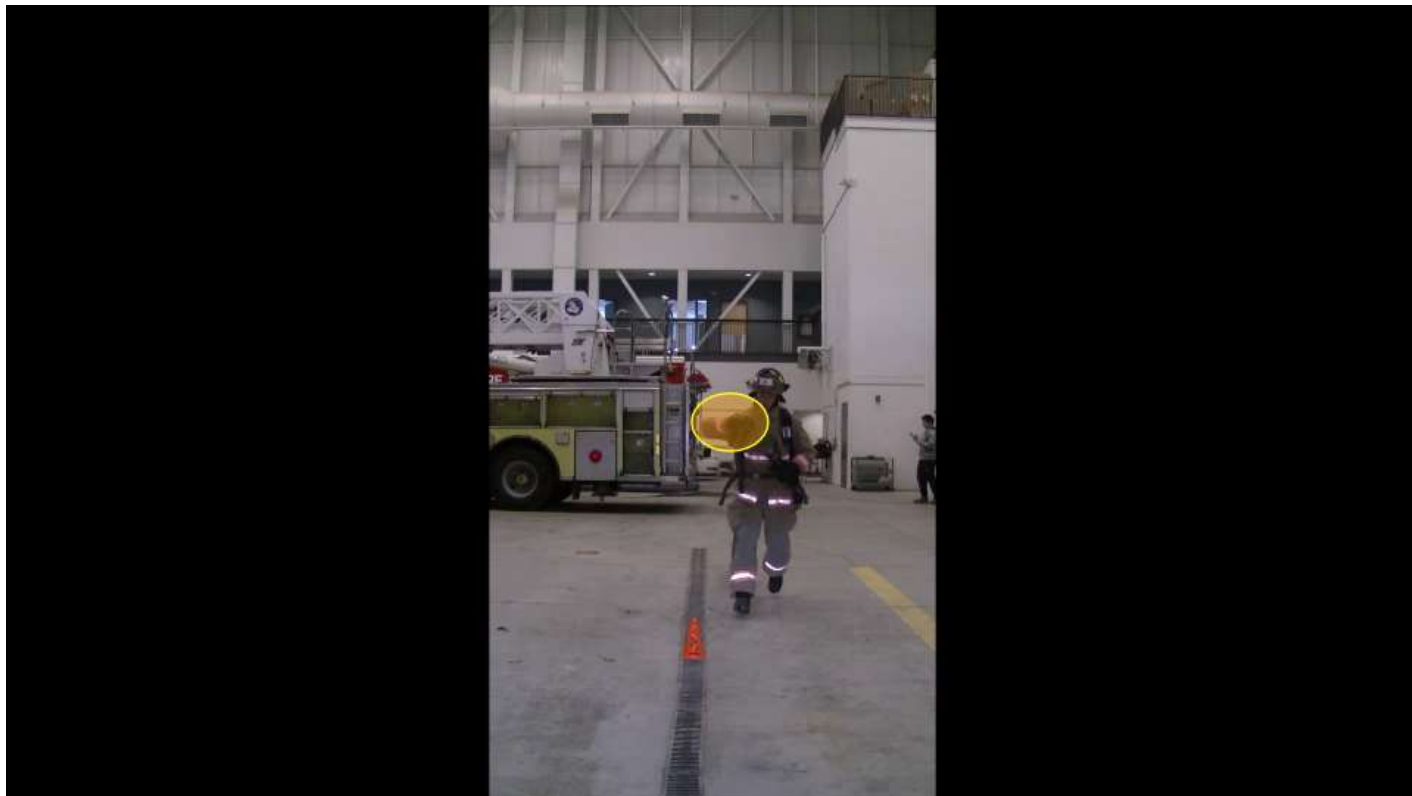
TEAM-FEEDBACK: Hose Drag & Attack Position

Participant Information

Sex: Male

Age Range: 20-30yrs

Height: 1.68m



00:01 1

Shoulder Abduction (Arm raised away from the body)

Risk: Upper arm injury (moderate)

Recommendation: Hold hose closer to the waist, keeping the upper arm closer to the body.

OWAS: 1 - No actions required

REBA: 3 - Low Risk, change may be needed

RULA: 6 - Investigation and changes are required soon



00:03 2

Elbow Flexion

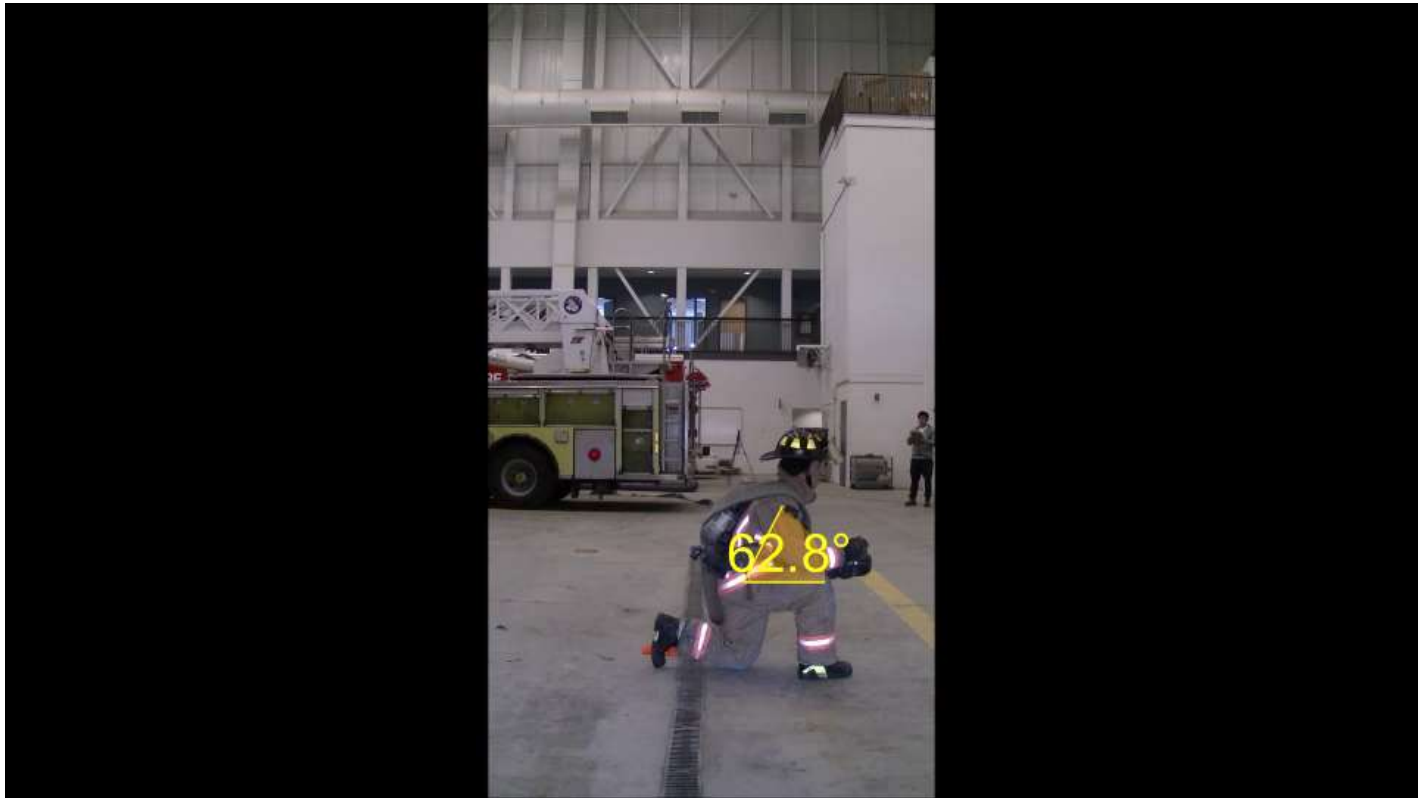
Risk: Lower arm injury

Recommendation: Hold the hose near the waist, reducing the angle of elbow flexion.

OWAS: 1 - No actions required

REBA: 4 - Medium risk, further investigation, change soon

RULA: 6 - Investigation and changes are required soon

**00:05 4**

Trunk Flexion (Forward bending)

Risk: Lower back injury

Recommendation: Maintain upright posture.

OWAS: 2 - Corrective actions required in the near future

REBA: 6 - Medium risk, further investigation, change soon

RULA: 7 - Investigation and changes are required immediately



00:05 3

Kneeling posture

Risk: May result in pressure on the knee (compressive forces)

Higher risk associated with longer durations spent in this position.

Recommendation: Reduce time spent in this position.

OWAS: 2 - Corrective actions required in the near future

REBA: 6 - Medium risk, further investigation, change soon

RULA: 7 - Investigation and changes are required immediately.



00:07 5

Shoulder Abduction

Risk: Upper arm injury (moderate)

Recommendation: Hold hose closer to the waist, keeping the upper arm closer to the body.

OWAS: 1 - No actions required

REBA: 3 - Low risk, change may be needed

RULA: 7 - Investigation and changes are required immediately