



ARE YOU A FIREFIGHTER LIVING WITH PTSD OR SUSPECTING YOU MAY HAVE PTSD AND LOOKING FOR HELP?

If so, and you live in NB, NS, PEI, NL, or ON, you may qualify to join our research study. You will engage in a 12 week psychological intervention including weekly sessions with a coach by videoconference. There is no cost to being involved in the program.

**FOR MORE INFORMATION, CONTACT
US AT (506) 458-7924 OR EMAIL US AT
ANXIETYLAB@UNB.CA**

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