



# ARE YOU A FIREFIGHTER LIVING WITH PTSD OR SUSPECTING YOU MAY HAVE PTSD AND LOOKING FOR HELP?

**If so, and you live in NB, NS, PEI, NL, or ON, you may qualify to join our research study. You will engage in a 12 week psychological intervention including weekly sessions with a coach by videoconference. There is no cost to being involved in the program.**

**FOR MORE INFORMATION, CONTACT  
US AT (506) 458-7924 OR EMAIL US AT  
[ANXIETYLAB@UNB.CA](mailto:ANXIETYLAB@UNB.CA)**

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