



**Are You A Firefighter living with PTSD or suspecting you may have PTSD and looking for help?**

If so, and you live in NB, NS, PEI, NL, or ON, you may qualify to join our research study.

You will engage in a 12-week psychological intervention including weekly sessions with a coach by videoconference.

There is no cost to being involved in the program.

If you are interested and want more information**, please contact Janine Olthuis PhD, LPsych at 506-458-7924** or via e-mail at **anxietylab@unb.ca.**

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