

980 CFPL Interview with Joy MacDermid (February 16, 2018)

- 980 CFPL: ...firefighters in the province are working through pain according to a new study co-authored by researchers at Western University. Joy MacDermid with Western University and St. Joseph's Healthcare tells 980 CFPL the study looked at nearly 300 firefighters over a 13-month period.
- MacDermid: It's part of a larger program of research, but this particular study was focused on looking at their incidents of musculoskeletal problems. And so we brought people in, all the firefighters came in for an examination and they filled out diagrams showing us what parts of their body they were having musculoskeletal problems with and then we analysed that data.
- 980 CFPL: The study found almost half of the firefighters had problems with their arms or legs; about one in five had neck-related problems, and one in three had back pain. MaDermid says now that they have research to show how serious pain among firefighters is they'll begin to study ways to prevent and manage injuries.